

city aquatics iguanas swim and triathlon



[www.IGUANASwimming.org](http://www.IGUANASwimming.org)

11<sup>th</sup> Annual Iguana Invite

## **Eleventh Annual Iguana Invitational**

Date: Sunday, January 17th, 2010

**SANCTION #: ILS-10-0116**

### **Location: UIC - The University of Illinois at Chicago**

901 W. Roosevelt Road

Chicago, Il 60607

Pool Course: Indoor, heated, 25 yard, 8 lane, fresh water, non turbulent, single lane lines. Daktronic timing equipment with 8-lane scoreboard.

Meet Schedule: 7:00 am-doors open  
7:30-8:15am - warm ups  
8:00am- first call for event #1  
8:15am- coaches and officials meeting  
(Session 1 -A M, 9-10 & 11-12)  
8:30am-meet begins  
Session 2: Not before Noon or 45 minutes after session 1 ends  
(Session 2 -PM, 8&under – 13&over)

Warm ups: Warm up lanes will be determined after entries are received. Lane Assignments will be given in the coaches' packets, which will be available at the admissions table and e-mailed prior to the meet. Session 2 warm up times will be announced following Session 1.

Rules: USA Swimming technical rules will be followed, as well as all ISI rules that apply.

Timed Finals: All events will be conducted on a time final basis.

Entry Limitations: Swimmers may enter up to three individual events and four total events. This meet will be limited to 500 total swimmers or the complete entry of the last team entered as the time line permits for a particular session. Please **no** "no times" entries.

**Entries Open: December 15<sup>th</sup>, 2009 at 8 A.M.**

**Entries Close: January 8<sup>th</sup>, 2010 at 8 A.M.**

**Age: A swimmer's age on January 17<sup>th</sup>, 2010 will determine age group.**

**USA Swimming Membership:** Insurance requires that all swimmers, coaches, timers and refs be current members of USA Swimming. All participants must provide current USA Swimming ID (no "applied for" ) to be validated by the Illinois Swimming Inc. office:

**3166 S. River Rd. Suite 30**

**Des Plaines, Il. 60018**

**ilswimoffice@sbcglobal.net**

Events:                    Session 1: (9-10 & 11-12)  
                                  Session 2: (8&under – 13&14 girls – Open girls and boys).  
                                  Fly-over starts for 10 & over swimmers.

## **Defending 2009 Champion Leaning Tower Sharks**

Awards:                    Medals 1<sup>st</sup> – 6<sup>th</sup>, ribbons 7<sup>th</sup> - 12<sup>th</sup> place. Relays medals for 1<sup>st</sup> – 3<sup>rd</sup>, and ribbons 4<sup>th</sup> - 6<sup>th</sup>. Trophies will be awarded for 1<sup>st</sup> - 5<sup>th</sup> place based on team points. All swimmers will receive a participation ribbon. In addition to the traditional awards, The order of the team's finishes and the boys and girls MVP will be engraved on the base of "IGGY" which is the permanent meet trophy.

**Scoring:**                   **Individual events: 16-13-12-11-10-9-7-5-4-3-2-1**

**Relay events: 32-26-24-22-20-18-14-10-8-6-4-2**

**Entry Forms:**           E-mail of TM entry file is preferred. E-mail submissions must be followed by hard copy, signed waiver and check made to “City Aquatics” within 48hrs --or the entry may be voided at the discretion of the entry chair. Entries not submitted on Team Manager or compatible file will be charged an additional \$50.00. A hand-entry form is available upon request.

**Entry Fees:**            A flat per swimmer fee of \$16.00 plus \$2 ISI surcharge. Checks made payable to the “City Aquatics Iguanas Swim Club”

**Deadline:**             Friday, January 8th, 2010. Sorry no exceptions due to the popularity of this event. Thank you for your understanding.

**Mail Entries:**         Jim Cortez  
2510 N. Talman, Chicago, Il 60647  
**[JASRAC@AOL.COM](mailto:JASRAC@AOL.COM)**  
**773-227-4990 or 773-259-2736**

**Meet Referee:**        Kevin McBride

**Starter:**               Francois LaSalle

**Head Timer:**         Scott McDonald

**Meet Chair:**         Kim Boettcher – 312-953-5669

**Safety/Warm-Ups:** All ISI and USA Swimming safety regulations will be followed. Each lane must have at least one coach supervising each team in the lane at all times. During warm ups, the first portion will be for general warm ups with all swimmers swimming in a circle swim pattern. During the last 5 minutes of warm ups all lanes will swim one-way sprints.

**Parking:** Parking is available in the UIC parking lot across the street from the pool. \$8.00

**Admission:** \$4.00, children 8 and Under free.

**Heat sheets** \$5.00

**Final Results:** Results will be e-mailed promptly after the event.

**Refreshments:** A full concession stand will be available.

**Vendor:** Kiefer will be at the meet with a wide variety of apparel and equipment.

# 11th Annual Iguana Invite

The Iguanas would greatly appreciate any help from parents during the meet. Please return this sheet with your entry.

## OFFICIALS

Name: \_\_\_\_\_

Team: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_

Team: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_

Team: \_\_\_\_\_ Phone: \_\_\_\_\_

## Timers

### Session 1

Name: \_\_\_\_\_ Name: \_\_\_\_\_

Name: \_\_\_\_\_ Name: \_\_\_\_\_

### Session 2

Name: \_\_\_\_\_ Name: \_\_\_\_\_

Name: \_\_\_\_\_ Name: \_\_\_\_\_

## 11th Annual Iguana Invite

Please complete this form and return it with your entries and fees to:

Jim Cortez, Entry Chair

2510 N. Talman

Chicago, IL 60647

773-227-4990 or 773-259-2736

8 & Under    Number of swimmers: \_\_\_\_\_ @ \$18.00 each = \_\_\_\_\_

9 & 10        Number of swimmers: \_\_\_\_\_ @ \$18.00 each = \_\_\_\_\_

11 & 12      Number of swimmers: \_\_\_\_\_ @ 18.00 each = \_\_\_\_\_

13 & 14      Number of swimmers: \_\_\_\_\_ @ 18.00 each = \_\_\_\_\_

15 & Over    Number of swimmers: \_\_\_\_\_ @ 18.00 each = \_\_\_\_\_

**Total # of Swimmers:** \_\_\_\_\_    **Total fees=** \_\_\_\_\_

**Club Name:** \_\_\_\_\_    **Club Code:** \_\_\_\_\_

**Head Coach:** \_\_\_\_\_

**Asst. Coaches:** \_\_\_\_\_

\_\_\_\_\_

Mailing Address: Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_    Work phone: \_\_\_\_\_

# 11th Annual Iguana Invite

## Release and Hold Harmless Agreement

In consideration of being permitted by City Aquatics Iguanas Swim Club, Inc. to participate in the 2010 Iguana Invite, and for other good and valuable consideration, the undersigned, for himself or herself, his successors and assigns, hereby releases and forever discharges City Aquatics, Friends of Chicago Youth Swimming, the University of Illinois, its officers, employees, members, successors and assigns, and all other persons in any way connected with the event, from any liabilities, claims, demands, actions, and causes of action of whatever kind or character arising out of or in connection with said event. Further, the undersigned shall indemnify and hold harmless the City Aquatics Iguanas Swim Club, Inc. and Friends of Chicago Youth Swimming from any and all injury, or alleged injury, or damage or alleged damage to property sustained or alleged to have been sustained in connection with of to have risen out of said event.

Executed this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_

For \_\_\_\_\_  
(Name of Participating Swim Team)

Signed: \_\_\_\_\_  
(Head Coach or Team Rep)

**The 11th Annual Iguana Invite**

**January 17, 2010**

**Event List-By Event Number**

**Session 1 Begins at 8:30 AM**

- 1 Girls 11-12 200 Freestyle
- 2 Boys 11-12 200 Freestyle
- 3 Girls 9-10 200 Medley Relay
- 4 Boys 9-10 200 Medley Relay
- 5 Girls 11-12 200 Medley Relay
- 6 Boys 11-12 200 Medley Relay
- 7 Girls 10 & Under 100 IM
- 8 Boys 10 & Under 100 IM
- 9 Girls 11-12 100 IM
- 10 Boys 11-12 100 IM
- 11 Girls 9-10 50 Freestyle
- 12 Boys 9-10 50 Freestyle
- 13 Girls 11-12 50 Freestyle
- 14 Boys 11-12 50 Freestyle
- 15 Girls 9-10 50 Butterfly
- 16 Boys 9-10 50 Butterfly
- 17 Girls 11-12 50 Butterfly
- 18 Boys 11-12 50 Butterfly
- 19 Girls 9-10 100 Freestyle
- 20 Boys 9-10 100 Freestyle
- 21 Girls 11-12 100 Freestyle
- 22 Boys 11-12 100 Freestyle
- 23 Girls 9-10 50 Backstroke
- 24 Boys 9-10 50 Backstroke
- 25 Girls 11-12 50 Backstroke
- 26 Boys 11-12 50 Backstroke
- 27 Girls 9-10 50 Breaststroke

- 28 Boys 9-10 50 Breaststroke
- 29 Girls 11-12 50 Breaststroke
- 30 Boys 11-12 50 Breaststroke
- 31 Girls 9-10 200 Freestyle Relay
- 32 Boys 9-10 200 Freestyle Relay
- 33 Girls 11-12 200 Freestyle Relay
- 34 Boys 11-12 200 Freestyle Relay

**Session 2 Begins not before 12 Noon or 45 minutes after session 1 ends**

- 35 Girls 13-14 200 Freestyle
- 36 Boys Open 200 Freestyle
- 37 Girls Open 200 Freestyle
- 38 Girls 8 & Under 100 Medley Relay
- 39 Boys 8 & Under 100 Medley Relay
- 40 Girls 13-14 200 Medley Relay
- 41 Boys Open 200 Medley Relay
- 42 Girls Open 200 Medley Relay
- 43 Girls Open 200 IM
- 44 Boys Open 200 IM
- 45 Girls 6 & Under 25 Freestyle
- 46 Boys 6 & Under 25 Freestyle
- 47 Girls 7-8 25 Freestyle
- 48 Boys 7-8 25 Freestyle
- 49 Girls 13-14 50 Freestyle
- 50 Boys Open 50 Freestyle
- 51 Girls 15 & Over 50 Freestyle
- 52 Girls 8 & Under 25 Butterfly
- 53 Boys 8 & Under 25 Butterfly
- 54 Girls 13-14 100 Butterfly
- 55 Boys Open 100 Butterfly
- 56 Girls 15 & Over 100 Butterfly

- 57 Girls 8 & Under 50 Freestyle
- 58 Boys 8 & Under 50 Freestyle
- 59 Girls 13-14 100 Freestyle
- 60 Boys Open 100 Freestyle
- 61 Girls 15 & Over 100 Freestyle
- 62 Girls 6 & Under 25 Backstroke
- 63 Boys 6 & Under 25 Backstroke
- 64 Girls 8 & Under 25 Backstroke
- 65 Boys 8 & Under 25 Backstroke
- 66 Girls 13-14 100 Backstroke
- 67 Boys Open 100 Backstroke
- 68 Girls 15 & Over 100 Backstroke
- 69 Girls 8 & Under 25 Breaststroke
- 70 Boys 8 & Under 25 Breaststroke
- 71 Girls 13-14 100 Breaststroke
- 72 Boys Open 100 Breaststroke
- 73 Girls 15 & Over 100 Breaststroke
- 74 Girls 8 & Under 100 Freestyle Relay
- 75 Boys 8 & Under 100 Freestyle Relay
- 76 Girls 13-14 200 Freestyle Relay
- 77 Boys Open 200 Freestyle Relay
- 78 Girls 15 & Over 200 Freestyle Relay